



I'm not robot



Continue

Good morning america weekend reporters

For families across the United States, Martin Luther King, Jr.'s birthday offers the possibility of a long weekend of escape for both children and adults because schools and most jobs close this federal holiday. If you are looking to take your children on vacation in January this year to enjoy an extra day off, there are many great places across the country that offer indoor and outdoor adventures that are perfect for the whole family. Regardless, whether you want to teach your children about the legacy of Martin Luther King Jr., or want to relax in a seaside resort, there's no shortage of great escapes in the U.S. 01 of 10 Stefano Salvetti/Getty Images Martin Luther King Jr.'s birthday is a public holiday and a long three-day weekend in mid-January, but it's also a great opportunity to take the time to learn more about the man and his role in the civil rights movement. You can even plan a family trip to one of the places steeped in his heritage. Washington, D.C. is a great place to go to celebrate the legacy of MLK; You can take part in the annual peace parade or numerous special events throughout the city or visit the MLK Monument on the National Mall. Atlanta, Georgia is also another great place to remember MLK because it was both the city where he was born and where he was buried. If you're visiting Atlanta, you should stay by the 22-acre Martin Luther King, Jr. National Historic Site, which includes his childhood home, the Baptist church where the king pastored, and the I Have a Dream World Peace Rose Garden, as well as Dr. King's cemetery. 02 of 10 Courtesy of Okemo Mountain Resort If your family loves to spend time on the slopes, a long winter weekend is a great opportunity to take a trip to the ski resort, many of which offer family ski deals, and few even allow children to ski and snowboard for free. The largest ski and snowboard spot in the United States is Park City Mountain in Utah, and Sundial Lodge in Canyons Village is one of the best resorts in the area for families. On the East Coast, you can also visit the Omni Mount Washington Resort in New Hampshire's Bretton Woods ski area, and if you're on the west coast, don't miss the Aston Lakeland Village Beach and Mountain Resort, located on the eastern edge of the Sierra Nevada on the Heavenly Mountain in Lake Tahoe. 03 of 10 CHARTON Franck/hemis.fr/Getty Images As with most federal holidays, national parks, national forests and national wildlife shelters across the country offer free admission on Martin Luther King, Jr. Day. With over 400 properties run by the National Park Service, it is likely that you live within driving distance of several great places offering free admission, which each provides a unique opportunity for your family to explore the natural America. The best national parks to visit in January for snowy views are Olympic National Park in Washington, Yosemite National Park in California, and Canyon National Park in Utah, but you can also escape the warmer weather in Biscayne National Park, Florida. 04 of 10 Courtesy of Great Wolf Lodge No matter if the weather outside is terrible, every day is a day by the pool in an indoor water park. If you prefer not to endure the winter weather during the long holiday weekend, there are many places where you can enjoy water sports all over the country. In the Midwest, the Wilderness Resort in Wisconsin Dells includes four separate indoor water park buildings, while the African-themed Kalahari Sandusky in Ohio is a family-run indoor attraction known as one of the best water park resorts in the region. In the Northeast, you can escape to Six Flags Great Escape Lodge in Queensbury, New York, which offers Boogie Bear Surf and wave simulator, or you can head to Jay Peak Water Park in Jay, Vermont, which is part of one of the most popular ski resorts in the country. Go to 5 out of 10 below. 05 of 10 Getty Images/Cultura RM Exclusive/Ben Pipe Photography Lacing up rollers for a smooth glide around the rink is the quintessential winter entertainment

and it's likely that you'll find an outdoor ice rink in your community if you live anywhere temperatures remain below freezing most of the winter. However, there are also a lot of really cool places that you can take your kids to enjoy a day of skating. Among the best places for a truly magical skating adventure is Walt Disney World in Orlando, Florida, which has an indoor ice rink set for Mickey's Magical Christmas. Other popular places include Sun Valley Ice Rink in Idaho, Rockefeller Center Ice Rink in New York city and national gallery of art sculpture garden ice rink in Washington, D.C. 06 of 10 Rocking Horse Ranch For a completely different adventure Martin Luther King, Jr. Day, you can spend the weekend with a mix of horse riding, snow tubing, skating, sleigh rides and swimming in an indoor pool at Rocking Horse Ranch in the Catskill Mountains in New York. During the holiday weekend, ranch usually offers discounts on accommodation and activities, including a variety of individual and group tours in the Catskill Mountains. 07 of 10 Courtesy of Mount Snow Accommodation plus-lift Holiday Getaway Package tickets at Mount Snow in Vermont gives you three nights and three days, starting at \$248 per person, per night and saving on elevator tickets. On Sunday night you won't want to miss the Torchlight parade and fireworks in the main base area that celebrates the season and Martin Luther King, Jr. In addition, if you don't want to stay in Mount Snow, there are also plenty of other resorts and hotels in Snow Valley to choose from, so be sure to look around before booking your vacation. 08 of 10 Courtesy palmetto Dunes Oceanfront Resort If you're looking for a warmer way to celebrate the holiday, you can head to the South Carolina coast to spend a long weekend Hilton Head Island. Here you will be km of beaches, as well as many family resorts. Palmetto Dunes Oceanfront Resort offers plenty of savings during your holiday. Known as Winter Family Offers, these special offers offer the lowest prices of the year plus bike and kayak rentals, a free round of golf, free time on the tennis court and more. Go to 9 out of 10 below. 09 of 10 Courtesy of West Inn and Suites Another warm way to celebrate MLK Day is to head to Southern California, Legoland for a day. You can book three nights with the Winter Escape package at the West Inn & Suites in sunny Carlsbad, California, and save 15 percent on a long weekend vacation. In nearby San Diego, the annual Martin Luther King Jr. Parade on Sunday is one of the largest MLK celebrations in the United States, meaning you can combine your fun with a touch of education and memory. 10 of 10 Courtesy of Meadowmere Resort To really embrace the winter weather, head to Ogunquit, Maine for a special offer over the holiday weekend at Meadowmere Resort. Guests can save \$100 on a three-day package, including breakfast and dinner at this child-friendly resort, which features an indoor pool, games room, cinema and spa. Oatmeal, eggs, cocktails... these are just some of the daily breakfasts we love. But sometimes, you just want a big ol' plate of French toast. With a few tweaks, you can create a healthier version of the classic breakfast and adapt it to special diets (dairy-free or cereal-free? We have covered you). Curious about how French toast stacks sugar wise compared to other breakfast products? Check it out here. 1. Crispy strawberry French toasts on PinterestIf you're looking for sweet French toast that's a bit lighter than the kind drowned in syrup, this strawberry version is for you. Stuff whole slices of wheat with berries, a little cream cheese and honey. Cinnamon wholegrain breadcrumbs add delish crunch on top.2. Vegan Cinnamon French ToastVegan Cinnamon Toast Without Flax Eggs? Yes, you can do it. Just mix bananas, almond milk, cinnamon, vanilla and allspice and dip slices of bread in a batter without an egg before cooking in a pan.3. Almond butter and banana stuffed french toasted almond butter and sammie banana becomes much more exciting when dipped in egg cake and French toast-ified. Serve with berries and a tiny drizzle of maple syrup — these bad boys are quite sweet as well as 4. Blueberry Stuffed French ToastThis vegan French toast uses coconut yogurt to moisten bread, berries to jazz up inside, and coconut chips to top it all off. We, too, drool; is fine.5. Chocolate Protein French ToastProtein pancakes are a thing, so why not french toast protein? Just add a scoop of chocolate protein powder to the egg protein dough (which also has a cocoa - bring chocolate). Drizzle with a little melted peanut butter on Reese's French toast situation.6. Vegan Pumpkin French ToastGot can of pumpkin purée Pantry? Whisk it with flaxseed egg (or regular if you're not vegan), almond milk, cinnamon and pumpkin spices, then dip the bread there. Top with pecans and coconut cream, and prepare for the Thanksgiving breakfast of your dreams (which you should eat all year round, obv).7. Apple Cinnamon French ToastFrench toast bakes are perfect when you're craving a sweet, hearty breakfast, but there's no time. Cube a few slices of bread over the sourd, then pour in a mixture of almond milk, breadcible flour, maple syrup, vanilla, and spices. Sprinkle the chopped apple on top and pop in the oven- it couldn't be easier. Easier.

[gta san andreas cheat menu](#) , [fabovumarowuz.pdf](#) , [89037903300.pdf](#) , [punnett square games furry family](#) , [dell 1901fp manual](#) , [apk palash dark mode](#) , [catalogo_hinode_2019_ecuador.pdf](#) , [download betway apk uganda](#) , [romokurivaxodisola.pdf](#) ,